

# OCTOBER

**2020**

## Happy Home Breakfast and

## PM Snack Menu \* We Served ORGANIC Whole Milk

TEL #703 931-1051 website: [www.happyhomeclc.com](http://www.happyhomeclc.com)

**\*SUBJECT TO CHANGE WITHOUT PRIOR NOTICE**

<u>Sunday</u>	<u>Monday</u>	<u>Tuesday</u>	<u>Wednesday</u>	<u>Thursday</u>	<u>Friday</u>	<u>Saturday</u>
				1 Pancake, milk and pears <b>PM</b> =RITZ Crackers (4) & apple	2 Cherrios/Rice Crispies milk and oranges <b>PM</b> = ½ cup Animal Crackers & oranges	3
4	5 Nutrigrain Bar, milk with pears <b>PM</b> = Nilla Wafers (4) & oranges	6 Cheese toast, milk and pears <b>PM</b> = ½ cup animal crackers & apple slices	7 Cheerios, milk with banana slice <b>PM</b> = (4) Saltines Crackers & American cheese (1 slice)	8 Cherrios, milk and apple <b>PM</b> = ½ cup Gold fish & Applesauce ½ cup	9 Pancakes, milk and oranges <b>PM</b> = Graham Crackers (2) & banana	10
11	12 Waffles , orange slice and milk <b>PM</b> = Nutrigrain Bar (1/2) Apple slices (2)	13 Corn Flakes ,milk and bananas <b>PM</b> = Saltine crackers (4) Pear slice (2)	14 Cheese Toast, milk and oranges <b>PM</b> = ½ cup Cheese-it Applesauce ½ cup	15 Muffin, milk and fruit <b>PM</b> = Goldfish ½ cup Orange slices	16 French toast, milk & oranges <b>PM</b> = ½ cup RITZ Crackers celery slices with ranch (2)	17
18	19 Corn Flakes, milk and apple <b>PM</b> = ½ cup Gold fish & Applesauce	20 Muffin, milk & banana <b>PM</b> = Ritz Crackers (4) 1 slice of American Cheese	21 Waffles, milk with pears <b>PM</b> = Nilla Wafers (4) , orange	22 Pancakes, milk and banana <b>PM</b> = Graham Crackers (2) & pear	23 Cheese toast, milk and pears <b>PM</b> = 4 saltine crackers & apple slices	24
25	26 Cheerios, milk & oranges <b>PM</b> = (4) crackers, celery slices with ranch	27 Pancakes, milk and banana <b>PM</b> = Graham Crackers (2) & orange slices	28 French Toast ,milk and bananas <b>PM</b> = Saltine crackers (4) & American Cheese (1 slice)	29 Waffles, milk and apple <b>PM</b> = Graham Crackers (2) & oranges	30 Nutrigrain Bar, milk with pears <b>PM</b> = Nilla Wafers (4) & oranges	31